

Oxley Vale Public School

A quality education in a caring and innovative environment

MESSENGER



ACKNOWLEDGEMENT OF COUNTRY

Oxley Vale Public School acknowledges that the school is built upon the traditional lands of the Gomeroi/Kamilaroi people. We pay our respects to the Elders both past and present and ask for guidance and wisdom as we work towards improving educational outcomes for all our children.

Term 3 Week 7

26th August, 2014

Value of the Week is Excellence

Striving for the highest personal achievement in all aspects of schooling.

Hats

Please ensure your children are wearing their hats in the playground. Children not wearing hats will be asked to sit in the COLA area or on the infants verandah.

School Uniform

Students are reminded that they are to wear their full WINTER school uniform for the remainder of Term 3.

Teachers have also noticed that there has been an increased trend in students wearing shoes with wheels on the bottom of them, these are not school uniform and are not permitted at school.

Book Week Parade

Congratulations to everyone, you all looked amazing!!

Thank you parents – I too have experienced the time and effort that goes into organising a costume for your child, so a big thank you.

Mrs O'Neill



Golden Ticket

As last week was "Science Week", our reward on Wednesday was

based on our sense of smell and taste. Children were blind folded and tried to guess what they were smelling or tasting. Lots of fun and laughs were had by all.

Mrs O'Neill



NSW PSSA Touch Football

Last week Bridie Martin travelled to Wagga Wagga for the NSW PSSA Touch Football competition. The competition took place over 3 massive days. Bridie was representing the North West Region.

13 teams competed throughout the carnival. On the first day the North West team played 6 games winning the first game, 2-0 and losing the rest, on the second day they had a bye first up and then played 4 games, drawing two games, nil all and two all. On the last day they played 2 games, unfortunately losing both. The competition was very tough but she learnt a lot over the couple of days. Bridie was lucky enough to duck through and scored a try on the wing against CIS. It was all a massive learning curve for Bridie and it really improved her touch football skills. North Coast won over all but Bridie tried her hardest and most

Mrs Langford

Upcoming Events

Wed 27th & Thurs 28th Aug

Kinder Come & Try Day

10.00 - 11.30am

Wednesday 27th August

P&C Meeting

6.30pm in Staffroom

Thursday 28th August

School Disco

Infants 5.30 - 6.30pm

Primary 6.45 - 8.00pm

Friday 29th August

Regional Athletics

Tuesday 9th September -

Friday 12th September

Aussie Bush Camp

Yr 5 & Yr 6

Friday 19th September

PBL Assembly

12.00pm

Book Fair

Wow, what an amazing week thanks to our wonderful parents encouraging their children to read. And what a great range of books and resources we were sent from Scholastic - posters, pencils, rubbers, fiction, non-fiction, picture books and pointers!

While we sold over \$4000 worth of books and resources, the school made \$1600 to be spent on materials for the library and classrooms. How exciting!

A very special thank you to those wonderful families who donated a book to your child's class. These books will be available to borrow as soon as they have been covered.

Another special thanks must go to my four outstanding library assistants who helped throughout the week, going out of their way to be available when the sale commenced at 8.00am each day and staying back after school as well. A big round of applause to Jake Booby, Alira MacAlpine, Georgia MacAlpine and Madison MacAlpine.

Mrs O'Neill

Regional Athletics

Good luck to our athletes who will attend the North-West Regional carnival this Friday. Remember to give your note and money into the Tamworth tent next to the clubhouse.

Mrs O'Neill

Tournament Of Minds

On Sunday the 24th August 7 students went to Armidale to compete in the 2014 Tournament of Minds Challenge. Bride Martin, Lucy Bowden, Lori Edgar, Billy Russell, Bryce Kelly, Georgia Byrnes and Danny Davidson had to solve a Long Term Challenge and a Spontaneous Challenge. The Long Term Challenge was to create a device that could equally and unequally divide sugar and deliver it to four different collection points. We did very well in that. We also did well in the very hard spontaneous challenge. We had to make a message that said what the object was and what it could be. We were the only team in the Maths and Engineering Primary Division, but we still needed a certain amount of points to win. Fortunately we scored very high and we are now off to Sydney where we will be in a room for 3 hours to make a device and write a script during that time to solve a challenge question.

(By Lori Edgar, Lucy Bowden and Bridie Martin)



Some of the AMAZING Book Week Costumes



CHAPLAIN'S SPOT

Just the other day I sat down with some Stage 1 students for lunch and we compared the contents of our lunchboxes. In one lunchbox we found two packets of chips, four snack bars, two cheese-and-biscuits, and a packet of cookies – but no fruit and no sandwich! Together with an apple juice, that's about 1309 calories – just 91 less than the 1400 calories recommended for an active student of that age!! Just in their lunchbox!

Healthy food = healthy body!

A diet containing lots of highly processed foods can (negatively) affect student learning and behaviour. The food you eat not only feeds your body – it feeds your brain!

Healthy food = healthy brain!

And all that junk food hits the budget hard too! A kilo of apples costs less than \$5 but the same amount of "fruit rollups" costs over \$45!!

Healthy food = healthy wallet!

The *Healthy Food Guide* suggests three ways of improving diets that can positively change kids' ability to learn and their behaviour (at home and at school):

- 1 Make sure kids have a **nutritious breakfast**
- 2 **Avoid** foods with artificial colours, flavours and preservatives (look for E numbers on packs)
- 3 Include **two healthy snacks** for every processed, fast food item in school lunchboxes.



Try it – you might be surprised by the change you see!

PBL ASSEMBLY AWARD WINNERS

Bronze

K-6 P	Phillip Pryor
KP	Kyle Ruthberg
1C	Tshari Coffey, Dekoda Jerrett, Sean Robbins
1E	Troy Bennett, Ashley Howarth
1R	Rhiannon Weribone, Max Milsom
2T	Zachary Browning, Brendan Coulter, Bradley Cruickshank,
2W	Tylarnya Geale, Jorja Morris, Laura Woods, Jayden Graham, Jahmaul Leslie, Jonyrikai Walford, Cory White
3S	Latesha Butler, Chanelle Squires, Darcy Holz, Claudia Ruthberg
4E	Dominik Germany
6L	Charlie Davenport, Skye Marshall, Brittany Powell, Bryce Kelly,

Silver

K-6P	William Jones
KM	Mia Campbell, Alaanah Jerrett, Lucas Sharp
KP	Madison Sands-Green, Riley Broderick, Denis West
1C	Ellie Webster, Alicia Woods, Ben Browning, Caylab Cabral, Blair Collins
1E	Lily Adams, Lily Heap, Katherine Huang, Dakota Hughes, Paige Washington
1R	Savanna Brennan, Abbey Reeves-Britz, Kierra Thompson, Lochlan Klease
2T	Maddison Higgsison, Abbey Kelly, Emilne McCullough, Eva Shefe, Cooper Day, Braiden Muller
2W	Mikayla Butler, Chelsea McDonald, Jeremy Thompson
3/4E	Lily Hardcastle, Melaney Smart, Liam McKillop
4E	Aleisha Dewson, Alkira McGrady, Bridey O'Neil, John Renton, William Russell
5/6S	Tayla Childs, Piper Death, Amanda Hall, Georgia MacAlpine, Connor O'Neil, Hayden Todd
5M	Sheri Sands-Green
6L	Hannah Griffiths, Emma Sheaves, Jacob Rust

Gold

1E	Lillianna Eddy, Olivia Holz, Emily Rake, Mia Robinson, Colby Jeffery
2T	Olivia Williams, Bryce Rampling, Kirk Schimann,
2W	Zoe Hartigan, Brianna Moss, Colby Edgar, Jack Ellis, Nathan Moore
3/4E	Ella Davidson, Lane Pittman, Kye Sharp, Charlee Marshall, Jai Thompson
3S	Ben Trembath
4E	Abigail Schimann
5/6S	Kaecia Beattie, Georgia Byrnes

This week's assembly Friday 29th August is a split assembly starting at 12pm Infants & 1pm Primary.

Infants assembly will be hosted by 2T. All welcome



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